

summer of *Love*

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Week 8. Question your kids.

We spend a lot of time with our children. No question. We spend a lot *of* that time taking care of our children. We also spend a lot of that time teaching our children. Body & Mind. We've got those covered. This week, we're going to attend to their souls. We are the ones who are going to do the learning & the listening. We're going to pose little questions, a couple of times a day, and listen for the deep truths. And don't forget to document their fabulous insights, they will amaze you. {and don't worry if you think your child is too small...even questions posed to toddlers who give a non-verbal response can provide thought-provoking moments.}

Two questions a day.

But before you begin, decide *when* do you want to ask them? What will work best for your family routine? One at breakfast, the other as you tuck them in to bed? One at lunch and another at dinner?

Second, *what* do you want to ask them? Need some ideas? Here's a list.

Especially for toddlers:

The toddler set may not be ready for full conversations, or even much beyond a one word or point and pick option. So in order to get a glimpse into their very busy mind, ask usual yes-or-no-ish questions. Here are a few examples to get you started:

- Place a couple of books spread out in the room. Ask: which book do you love? Go find it! Have your little one crawl or walk over. Once you have it in hand, ask: which picture is the best? see what they point to.
- Find a fabulous flower. Ask: do you want to smell the flower or touch the flower?
- Show them a picture of a bike and a scooter. Which would you like to ride?

For older kiddos, here you go...

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- Do you like your name?
- What is the most important sound?
- What is the most meaningful thing that has happened in your life?
- How would you change the world?
- What is the hardest thing about being a kid?
- Which of our family rules is your favorite? Which is the one you like least?
- What is the best dream you have ever had?
- Where is your favorite place? What do you do there?
- Which time of day is the best time? Why?
- What are three words that describe you?
- If you wrote a book, who would the main characters be and what would they do?
- What do you know how to do that you can teach to others?
- If you could decorate your room any way at all, what would it look like?
- What is a perfect day for you?
- Where do you like to go and think?
- Where is your favorite place to be happy?
- What do you think happens when a tree dies? A bird? A person?
- What is your best superpower?
- What is your biggest worry?
- What question have you always wanted to ask?
- What important thing have you always wanted to share with me?
- What does it mean to be an adult?
- How can you tell when someone is a good friend?
- What is the best gift you have ever given someone? What is the best one you've ever been given?
- What is the color of magic?
- What does anger feel like?
- What is the sound of loneliness?
- What would your life be like if you were a boy instead of a girl/ girl instead of a boy?
- Is crying safe?